

EDITORIAL

# HCN4 Gene Polymorphisms and Tachycardia-Induced Cardiomyopathy True or Spurious Association?

See Article by Nakano et al

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**T**achycardia-induced cardiomyopathy (TIC) is cardiomyopathy as a consequence of prolonged tachyarrhythmia that is reversible after control of the underlying arrhythmia. TIC should be suspected in patients with left ventricular dysfunction in association with tachycardia of >100 beats/min without other identified cause of heart failure.<sup>1,2</sup> Atrial fibrillation (AF) is the most common cause of TIC because of poorly controlled ventricular rates that worsen ventricular function.<sup>3</sup> Several pathophysiological mechanisms have been proposed,<sup>4,5</sup> but the exact disease mechanism of TIC is still unknown. In nowadays, genetic studies for complex trait diseases are popular because of their advantages to define the genetic architecture of complex traits and diseases, provide new insights into normal physiology and disease pathophysiology and serve as predictors for disease susceptibility.<sup>6</sup>

Currently little is known about patient factors that increase vulnerability to TIC. Whether there are reliable genetic markers of TIC is also unknown. It has been reported that angiotensin-converting enzyme gene polymorphisms were associated with increased serum angiotensin-converting enzyme levels and a higher incidence of TIC.<sup>7</sup> The cardiac *HCN4* gene and its encoding protein, the cardiac hyperpolarization-activated cyclic nucleotide-gated I<sub>f</sub> channel, are essential for normal heart impulse conduction and a critical mediator of heart rate control.<sup>8-12</sup> Because of its critical role in heart rate control, the possibility has been raised that *HCN4* may be involved in TIC pathogenesis and there is an association between *HCN4* single-nucleotide polymorphisms (SNPs) and TIC.

In this issue of the journal, Nakano et al<sup>13</sup> sought to investigate whether *HCN4* gene SNPs was associated with TIC using an AF population undergoing pulmonary vein isolation as their study population. They enrolled 930 AF patients, compared 17 *HCN4* gene SNPs between AF subjects with TIC (N=73) and without TIC (N=857) and found rs7172796, rs2680344, rs7164883, rs11631816, and rs12905211 were significantly associated with TIC. They concluded that *HCN4* gene might determine the susceptibility to TIC in patients with AF. The results are reasonable because molecular studies of the conduction system have found that *HCN4* is expressed not only in the sinus node but also the atrioventricular node.<sup>14,15</sup> Furthermore, cardiac hyperpolarization-activated cyclic nucleotide-gated I<sub>f</sub> channel blocker ivabradine has been demonstrated to be effective to control ventricular rates in patients with AF.<sup>16,17</sup> Therefore, *HCN4* SNPs may be potential genetic risk markers for TIC in AF patients, and may be used for the risk stratification of TIC which facilitate early therapeutic intervention (eg, stricter heart rate control or early rhythm control) to prevent heart failure in AF patients with an *HCN4* risk allele.

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Although appealing, further scrutiny is merited before incorporating the results of this study into clinical practice. This is basically a single-gene genetic association study. The most critical part of genetic association study is the definition of disease phenotype (case and control phenotypes) and its case number. An inappropriate definition of case or control phenotype or a small case number may lead to a spurious association. In this study, TIC was defined as those AF patients with an AF attack associated with a ventricular rate >140 beats/min and echocardiographic left ventricular ejection fraction (LVEF) <40% and improvement of LVEF within 6 months. Decreased echocardiographic LVEF is very common in patients with an AF attack and a very high ventricular rate even for a short period of time because at this high ventricular rate the echocardiographic measurement of LVEF is not reliable and tends to reveal a lower value. Therefore, a better definition of TIC is those with persistence of decreased LVEF when the ventricular rate is normal. Furthermore, patients in the TIC group might have a rapid ventricular rate simply because they are not well treated, or had poor compliance to rate-control drugs, but did not belong to the real TIC case group with a genetic susceptibility to TIC. Finally, patients who were genetically susceptible to TIC might be selected as control patients if their ventricular rates were well controlled either by drugs or lifestyle modification. With the confounding of drug treatment, it is difficult to clearly define which patient is having a genetic susceptibility to TIC.

Moreover, an AF population undergoing pulmonary vein ablation served as the study population in this study, which might not reflect or be characteristic of a general AF population. This may generate a selection bias. The patients undergoing pulmonary vein isolation may represent those AF patients who have severer symptoms or more AF attack. The patients may be susceptible to TIC simply because of frequent AF attacks before pulmonary vein isolation, but not genetically susceptible to TIC. This also raises the problem of using a single time point to define TIC in this study. Finally, in nowadays genetic studies with SNPs in a single gene are less attractive because of the awareness that many of the complex trait diseases are not caused or determined by a single gene. The case number of the TIC group was also very low in this study which might significantly bias the results.

In summary, Nakano et al<sup>13</sup> have found the *HCN4* gene SNPs may be new genetic markers for TIC in AF patients. Such an approach aligns with the concept of getting insights into disease mechanism stemming from genetic studies. However, the results should be further validated by larger populations or populations of other ethnicities with scrutiny on case selection before its use in clinical practice.

## ARTICLE INFORMATION

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### Disclosures

None.

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