Green Tea Catechin Normalizes the Enhanced Ca\(^{2+}\) Sensitivity of Myofilaments Regulated by a Hypertrophic Cardiomyopathy–Associated Mutation in Human Cardiac Troponin I (K206I)

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**Background**—Hypertrophic cardiomyopathy (HCM) is the most common inherited cardiovascular disease characterized by thickening of ventricular walls and decreased left ventricular chamber volume. The majority of HCM-associated mutations are found in genes encoding sarcomere proteins. Herein, we set out to functionally characterize a novel HCM-associated mutation (K206I-TNNI3) and elucidate the mechanism of dysfunction at the level of myofilament proteins.

**Methods and Results**—The male index case was diagnosed with HCM after an out-of-hospital cardiac arrest, which was followed by comprehensive clinical evaluation, transthoracic echocardiography, and clinical genetic testing. To determine molecular mechanism(s) of the mutant human cardiac troponin I (K206I), we tested the Ca\(^{2+}\) dependence of thin filament–activated myosin-S1–ATPase activity in a reconstituted, regulated, actomyosin system comparing wild-type human troponin complex, 50% mix of K206I/wildtype, or 100% K206I. We also exchanged native troponin detergent extracted fibers with reconstituted troponin containing either wildtype or a 65% mix of K206I/wildtype and measured force generation. The Ca\(^{2+}\) sensitivity of the myofilaments containing the K206I variant was significantly increased, and when treated with 20 \(\mu\)mol/L (-)-epigallocatechin gallate (green tea) was restored back to wild-type levels in ATPase and force measurements. The K206I mutation impairs the ability of the troponin I to inhibit ATPase activity in the absence of calcium-bound human cardiac troponin C. The ability of calcium-bound human cardiac troponin C to neutralize the inhibition of K206I was greater than with wild-type TnI.

**Conclusions**—Compromised interactions of K206I with actin and hcTnC may lead to impaired relaxation and HCM.
to a regulatory site on human cardiac troponin C (hcTnC),
in which actin binding hcTnI inhibitory peptides flanking a
switch peptide act together with the interactions of human car-
diary troponin T (hcTnT) with tropomyosin to block the actin–
myosin interaction.1 As the Ca2+ concentration increases, sites
on the thin filament are released from inhibition by promotion
of binding of a switch peptide of hcTnI to Ca2+-bound hcTnC
(calcium-bound human cardiac troponin C).4,5 How the MD
of hcTnI, which contains K206, participates in establishing
relaxation and in switching on activation remains unclear. The
location of the mutation in hcTnI is the C-terminal region that
did not resolve in the crystal structure, and whose function
remains unclear.6 A potentially significant role for the MD
of hcTnI has been established in studies testing the regulat-
ory role of hcTnI with truncations at the C-terminus.7–10 Our
demonstration of HCM linked to a single missense mutation
extends our understanding of the role of the hcTnI C-terminus
in long-term regulation of cardiac remodeling.

The aim of this study is to provide evidence that the newly
discovered K206I mutation in TNNI3 is a HCM-susceptibility
mutation, and to determine the effect and mechanism of the
mutation on myofilament Ca2+ sensitivity. The TNNI3 gene
has thus far been linked to 31 HCM-associated mutations,2,11
however, the TNNI3 gene is only represented in <2% of patients
with genotype-positive HCM, making mutations in TNNI3 rel-
atively rare in this population.12 Interpretation of novel genetic
variants in genes, such as TNNI3, is difficult because of back-
ground noise (≈5%), and thus in vitro analysis is essential to
infer pathogenicity.13 Our studies revealed that compared with
controls, myofilaments regulated by K206I demonstrate mod-
ified Ca2+ responsiveness and altered interactions among thin
filament proteins. The green tea catechin (-)-epigallocatechin
gallate (EGCG) has previously been shown to decrease Ca2+
sensitivity in myofilaments,14,15 thus we tested whether EGCG
could be a potential therapeutic for this K206I mutation in
TNNI3. EGCG was able to restore myofilament Ca2+ sensitiv-
ity to near WT levels.

Methods
Detailed Methods are available in the Data Supplement.

Clinical Demographics and Echocardiography
The subject was identified during the evaluation of HCM at Mayo
Clinic and was enrolled in a Mayo Clinic IRB-approved research
protocol no. 811–98 and, after discussing with the provider, signed
a consent form to participate. Retrospective review of the electronic
medical record was performed to identify the clinical phenotype of
the patient. All clinical and genetic tests were performed as standard
clinical care in the evaluation and treatment of the index’s case
disease. Transthoracic echocardiography was performed clinically ac-

ding to standard protocols, and appropriate images and tracings
from all angles were obtained (GE, Vivid 7).

Genetic Testing
Two independent genetic screens were used to identify the geno-
type. First, a comprehensive clinical genetic test was performed on
the index case before evaluation at Mayo Clinic for 18 HCM genes
and catecholaminergic polymorphic ventricular tachycardia–associ-
atel genes: RYR2, KCNJ2, and CASQ2 on the index case (GeneDx,
Gaithersburg, MD). For a full list of the 18 HCM-associated genes
used in the genetic test, please see link: http://www.genedx.com/
test-catalog/disorders/hypertrophic-cardiomyopathy-hcm/. Second,
targeted in-house mutation–specific confirmatory testing for the pa-

tient-specific variant was performed for the index case and the index
case’s parents. Genotyping of the phenotype positive sibling was per-
formed elsewhere.

Protein Purification, Reconstitution, and Western
blotting
Details are available in the Data Supplement.

Actomyosin-S1 ATPase Assay
The micro-ATPase assay was performed as previously described with
some minor modifications.16

Measurements of Ca2+-Dependent Activation of
Force in Troponin-Exchanged Skinned Fibers
pCa-force measurements were performed with troponin-exchanged
skinned papillary fiber bundles from hearts of Friend Virus B NIH
mice (3–4 months) as previously described.17

Data and Statistical Analysis
pCa-ATPase and pCa–force relations were fit to a modified 4-parame-
ter Hill equation by nonlinear least squares regression with GraphPad
Prizm 6.0.18 The equation is defined as y = bottom + (top−bottom)/
(1 + 10^[pCa−pCa→HillSlope],). Herein, bottom is the y value at the bottom plate-
au; top is the y value at the top plateau; pCa50 is the x value when the
response is halfway between bottom and top; and Hill slope describes
the steepness of the curve and is known as the Hill coefficient. The
graphs were generated with GraphPad Prizm 6.0. The pCa-ATPase
and pCa–force relations were analyzed by 2-way ANOVA with
Tukey’s post hoc test (GraphPad Prizm 6.0) with a level of signifi-
cance set at P<0.05 in the experiments with 2 independent variables
(EGCG and mutant). The pCa-ATPase experiments were analyzed
by 1-way ANOVA with Tukey’s post hoc test (GraphPad Prizm 6.0)
with a level of significance set at P<0.05 in experiments with 1 inde-
pendent variable (mutant). All values are presented as mean±SEM.
Normal Gaussian distributions of the data sets were tested with an
D’ Agostino–Pearson omnibus test along with Brown–Forsythe test
and pCa–force relations were analyzed by 2-way ANOVA
graphs were generated with GraphPad Prizm 6.0. The pCa-ATPase
activity was normalized to highest rate in the data set, which was set
to100%. Binary comparisons between WT and K206I at each data
point in the hcTnI inhibition and hcTnC neutralization experiments
were analyzed by a 2-tailed Student t test with a level of significance
set at P<0.05 with Microsoft Excel 2007.

Results
Patient Characteristics and Echocardiography
The index case was a 13-year-old male, diagnosed with HCM
after an out-of-hospital cardiac arrest in 2009, when he was
jogging during physical education class. He was resuscitated,
requiring 2 shocks with an automated external defibrillator,
and was implanted with an implantable cardioverter defibril-
lator (ICD) shortly after the event. Over the 4 following years,
he has received at least 12 discrete appropriate, ventricular
fibrillation-terminating ICD shocks. The first one occurred
about 5 months after placement of the ICD, and the last one
was as recent as February of 2013, despite numerous changes
in medications. During the most recent episode, he received
fibrillation-terminating ICD shocks. The first one occurred
and was implanted with an implantable cardioverter defibril-
at or (ICD) shortly after the event. Over the 4 following years,
After this last event, he was referred to Mayo Clinic to evaluate the possible role of left cardiac sympathetic denervation as part of his treatment plan. On referral, a follow-up transthoracic echocardiogram was performed in June 2013 showing nonobstructive HCM with severe septal hypertrophy of 25 mm, posterior wall thickness of 18 mm, and LV mass of 443 g shown in Figure 1A and 1B and Table 1. He also had grade 2/4 diastolic dysfunction (pseudonormalized E/A ratio, 1.67) with an enlarged left atrium (left atrium volume index by A-L mL/m² of 45) and E/e′ (medial) of 16.7 (Table 1). However, the proband did not have very severe repolarization abnormalities on ECG.

Genetic Analysis and Family History
The index case has a positive family history of HCM (Figure 1C). On diagnosis of the index case, a screening echocardiogram revealed left ventricular hypertrophy in a younger sibling (III.2). In November of 2013, she had a cardiac arrest while running. She received 3 automated external defibrillator shocks to rescue and was implanted with an ICD shortly after the incident, which has shocked her several times. Neither parent demonstrates clinical or echocardiographic phenotype of HCM (II.1 and II.2). The mother also had a cardiac magnetic resonance imaging performed in January 2014, which showed no evidence of HCM. There was no family history of HCM or history of sudden cardiac death in the extended family.

Because of his out-of-hospital cardiac arrest and positive echocardiographic results for HCM, a comprehensive clinical genetic analysis of 18 HCM- and catecholaminergic polymorphic ventricular tachycardia–associated genes was performed before evaluation at Mayo Clinic, and a novel, heterozygous mutation was identified in TNNI3-encoded cardiac troponin I. This variant—p.Lys206Ile (also annotated as p.K206I, c.617 A>T)—was classified as likely disease-causing based on the nonconservative nature of the amino acid substitution, conservation of this residue across species, the presence of a previously published, HCM-associated mutation in the same residue (K206Q),19 and the absence of this variant in over 6000 controls. Mutation-specific testing of this variant showed that the index case’s phenotype-positive sister III.2 and his phenotype-negative mother were both genotype positive for TNNI3-K206I (Figure 1C).

Protein Purification and Reconstitution
To determine functional effects of the hcTnI-K206I mutation, recombinant proteins (troponin subunits) were purified and reconstituted into a functional complex with actin, tropomyosin, and myosin-S1. Actin, tropomyosin, and myosin-S1 were natively purified and are shown individually along with the recombinant troponin proteins separated in 15% SDS-PAGE (Figure 2). The protein complexes used in functional assays are also shown in the presence and absence of calcium, where hcTnC mobility is affected because of conformational changes induced in hcTnC by calcium binding (Figure 2). The electrophoretic mobility of hcTnC in SDS-PAGE did not differ when present in myofilaments containing either TnI K206I or WT TnI in the presence or absence of Ca²⁺, suggesting that the genetic variant did not cause major conformational changes in hcTnC (Figure 2).

Actomyosin-S1 ATPase and Therapeutics of Green Tea (EGCG)
ATPase activity assays demonstrated that the mutant K206I and 50% mutant K206I/WT caused a significant increase in the Ca²⁺ sensitivity with cardiac myosin-S1 and skeletal myosin-S1 (Figure 3; Table 2; Table I in the Data Supplement). The max ATPase activity of skeletal myosin-S1 was also significantly increased in the K206I compared with the WT (Table 2; Figure 3B). The K206I mutation had a similar functional impact on both cardiac and skeletal myosin-S1.
and skeletal myosin S1 (Figure 3A and 3B). To determine the concentration of EGCG that could decrease the Ca$^{2+}$ sensitivity, dose response curves were generated as shown in Figure 4. WT (IC50=15.80±1.0) and K206I (IC50=13.40±0.4) mutant dose–response curves showed no significant differences at pCa 5.8 (Figure 4A), however, there was a significant difference in the 50% K206I/WT (IC50=21.40±1.3) compared with the others. Dose–response curves were also performed at pCa 4.5 (Figure 4B), and the IC50s for all 3 groups were significantly different from each other: WT, 19.40±0.01; K206I/WT, 22.00±0.01; and K206I, 31.70±0.01.

Because of the relatively low rates of ATPase activity in preparations with cardiac myosin-S1, we tested the effect of EGCG on preparations with skeletal-S1. Cardiac and skeletal-S1 demonstrate a similar impact of the K206I and 50% K206I/WT on Ca$^{2+}$ response (Figure 3; Table 2; Table I in the Data Supplement). After treatment with 20 µmol/L EGCG, the K206I and 50% K206I/WT groups showed a similar decrease in Ca$^{2+}$ sensitivity compared with WT (Figure 3B; Table 2). Interestingly, the effect of EGCG on the max ATPase activity of WT and to a lesser extent K206I/WT myofilament was significantly greater than K206I myofilaments in an apparent WT dose-dependent manner. This indicates that the K206I mutant impairs the normal interaction of the EGCG at saturating Ca$^{2+}$ in this basic reconstituted system (Figure 3B).

### pCa–Force Relation in Mouse Cardiac Skinned Fibers Exchanged With Human Troponin

Ca$^{2+}$ sensitivity of mouse papillary skinned cardiac fiber bundles that were exchanged with either WT or 65% K206I/WT tropomin (K206I/WT) was increased in the 65% K206I/WT group compared with the WT in a similar trend as the ATPase results (Figure 5). To determine the effects of EGCG, dose–response curves were generated at both pCa$^{5+}$ (5.6) and high Ca$^{2+}$ (pCa 4.5; Figure 5A and 5B). EGCG (20 µmol/L) was chosen based on the dose–response curve at pCa 5.6 to restore Ca$^{2+}$ sensitivity to near WT levels. Treatment with 20 µmol/L EGCG reduced the Ca$^{2+}$ sensitivity to near WT levels as with the ATPase activity (Figure 5C). Interestingly, the max force of the WT was not affected as greatly by the EGCG as the max ATPase.

### Tropomin I Inhibition and Ca$^{2+}$-Dependent hcTnC–hcTnI Interactions on ATPase Activity

In the presence of actin–tropomyosin–myosin-S1, the K206I mutation impairs the ability of the hcTnI to inhibit ATPase activity compared with WT in the absence of Ca$^{2+}$ and at all concentrations tested (Figure 6A). When tropomin was removed from the assay conditions, the hcTnI (1 µmol/L) inhibition was still significantly compromised (Figure 6B), suggesting that the inhibitory effect can act through both actin and tropominosin or actin alone.

Percent maximum ATPase activity was measured at high Ca$^{2+}$ (pCa 4.5) as a function of varying molar ratios of hcTnC:hcTnI to determine Ca$^{2+}$-dependent interactions. Figure 6C summarizes the ability of hcTnC to neutralize the inhibition of hcTnI, which was significantly enhanced with the K206I compared with the WT (all concentrations tested except 2.0 µmol/L). These data indicate an increased interaction between hcTnI (K206I) and hcTnC or increased affinity of Ca$^{2+}$ to hcTnC.

### Discussion

This is the first study to report a discovered novel hcTnI K206I missense mutation associated with HCM that induces increased myofilament Ca$^{2+}$ sensitivity, which was restored to WT levels with EGCG. The TNNI3 missense mutation was discovered in a 13-year-old male after an out-of-hospital cardiac arrest with severely arrhythmogenic HCM that may be evolving toward dilated cardiomyopathy at a relatively young age. After clinical evaluation, both the index case and his phenotype-positive sister were diagnosed with HCM and found to harbor the K206I variant, whereas their mother is genotype (+) but phenotype (−).
The known variable expressivity and incomplete penetrance in HCM creates the challenge in clinical diagnosis and decision making in HCM. This is further complicated by the fact that the background rate of rare genetic variants in healthy individuals is \( \approx 5\% \) in the 9 most common sarcomeric HCM genes. The genes represent 90% to 95% of genetically identifiable HCM, making clinical interpretation difficult, especially in the minor genes, including \( TNNI3 \). Although the current variant K206I-\( TNNI3 \) was classified by the genetic test company as likely disease-causing based on the nonconservative nature of the amino acid substitution, conservation of this residue across species, the presence of an HCM-associated mutation in the same residue, and the absence of this variant in over 6000 controls, in vitro characterization can be extremely useful to determine pathogenicity of a rare, novel variant. A recently reported case demonstrated variable expressivity in HCM in a family that has a HCM mutation in \( MYBPC3 \). The ages of phenotype manifestation were hypervariable (16, 42, and 66 years), and all were genotype (+) suggesting the possibility that onset of a phenotype in our K206I could be variable and linked to other factors, such as the individuals epigenetics.

Further evidence for K206I-\( TNNI3 \) being an HCM pathogenic mutation is supported by biochemical functional analysis, and another very closely related mutation, K206Q-\( TNNI3 \), described by Kimura et al in 1997. As in our study with K206I, the increase in Ca\(^{2+}\) sensitivity induced by K206Q, determined by in vitro motility assays, was independent of myosin isoform population. Myofilament ATPase activity assays also showed an increase in Ca\(^{2+}\) sensitivity with a K206Q mutant, similar to our measurements with the K206I variant (Figures 3 and 4; Table 2), supporting the assertion that K206I is a pathogenic mutation. To further support the pathogenicity of the K206I mutation, we also demonstrated that the mutation caused an increase in Ca\(^{2+}\) sensitivity in pCa-force measurements (Figure 5; Table 3). Our findings provide further support for the hypothesis that increased myofibrillar Ca\(^{2+}\) sensitivity is one of the final common pathways for sarcomeric HCM.

Table 2. Summary for the Ca\(^{2+}\)-Dependent Actoskeletal-S1 ATPase Assays

<table>
<thead>
<tr>
<th></th>
<th>Minimum (1/s)</th>
<th>Maximum (1/s)</th>
<th>pCa50</th>
<th>Hill Slope</th>
</tr>
</thead>
<tbody>
<tr>
<td>K206I</td>
<td>0.11±0.01</td>
<td>0.95±0.01*</td>
<td>5.84±0.01*</td>
<td>2.34±0.12</td>
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<td>K206I/WT</td>
<td>0.11±0.01</td>
<td>0.88±0.01†</td>
<td>5.78±0.01*,†</td>
<td>2.48±0.12</td>
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<tr>
<td>WT</td>
<td>0.11±0.01</td>
<td>0.87±0.01</td>
<td>5.58±0.01</td>
<td>2.62±0.16</td>
</tr>
<tr>
<td>K206I w/EGCG</td>
<td>0.08±0.01†,‡</td>
<td>0.81±0.01†,§</td>
<td>5.58±0.01†,‡,§</td>
<td>2.48±0.099</td>
</tr>
<tr>
<td>K206I/WT w/EGCG</td>
<td>0.08±0.01†,‡</td>
<td>0.56±0.01†,‡,§,‖</td>
<td>5.57±0.02†,‡,§,‖</td>
<td>1.63±0.11†,‡,‖</td>
</tr>
<tr>
<td>WT w/EGCG</td>
<td>0.10±0.01</td>
<td>0.47±0.01*,†,‡</td>
<td>5.43±0.03*,†,‡</td>
<td>1.77±0.16*,†,‡</td>
</tr>
</tbody>
</table>

Data are presented as mean±SEM. *P<0.05 as indicated by the symbols (*, †, ‡, §, and ‖) in the table within each parameter, and n=5. Note the Ca\(^{2+}\) sensitivity is restored back to near WT levels when treated with 20 \( \mu \text{mol/L EGCG} \) (see also Figure 3B). EGCG indicates (-)-epigallocatechin gallate; and WT, wildtype.

*Significantly different vs WT.
†Significantly different vs K206I.
‡Significantly different vs K206I/WT.
§Significantly different vs WT w/EGCG.
‖Significantly different vs K206I w/EGCG.
controls. These data indicate that the MD is required for homeostatic control of tension. Moreover, hcTnI to 193 did not affect Ca\(^{2+}\)-binding to hcTnC in the ternary troponin complex, but did alter Ca\(^{2+}\) binding in the presence of actin–tropomyosin. This suggests that long-range interactions to regulatory domains (troponin subunits, actin, and tropomyosin) of the thin filament are under the control of the MD. Thus, it is plausible that these long-range interactions are influenced by the charge state of the MD.

Our data suggest the compromised interactions of K206I with actin and hcTnC may lead to impaired relaxation and HCM. The ability of K206I to inhibit actomyosin ATPase rate was significantly reduced compared with WT with or without tropomyosin present in the reaction. This implies that K206I impaired hcTnl intrinsic inhibitory activity (Figure 6A and 6B). The MD has been reported to have potential interactions with tropomyosin, but we found that the inhibitory effect of K206I was unaffected when tropomyosin was not included in the thin filament reconstitution. Thus, the effects of the inhibitory and switch peptide seem to dominate the influence of the mutation on response to Ca\(^{2+}\). In skinned cardiac myofibrils regulated by K206Q hcTnI, there was no change in the inhibition of hcTnl from the WT albeit with different experimental conditions. The 2 mutations (K206Q and K206I) differ from each other by the polar hydrophilic nature of glutamine versus the hydrophobic nature of isoleucine of the substituted amino acids. In terms of inhibitory function, the 206 codon of hcTnI seems functionally dynamic, suggesting different mechanisms resulting from a specific mutation. In addition to the K206I’s compromised inhibitory activity, we also found that neutralization of the inhibitory hcTnl by hcTnC suggests an enhanced interaction with hcTnC. The possibility also exists that the Ca\(^{2+}\)-binding affinity to hcTnC is affected by the K206I mutation. In contrast, experiments with the similar K206Q-mutation noted no significant differences in Ca\(^{2+}\) binding.

EGCG modulates myofilament force and ATPase rate most likely by interacting with hcTnC. EGCG binds to the carboxyl terminus of hcTnC (ChcTnC) leading to decreased Ca\(^{2+}\) sensitivity. EGCG binding is specific for ChcTnC, and it has been proposed to affect the interaction of hcTnC with hcTnl, thus affecting sensitivity of the thin filament for Ca\(^{2+}\). In the K206I and K206I/WT variants, Ca\(^{2+}\) sensitivity was restored close to WT levels when myofilaments were treated with 20 \(\mu\)mol/L EGCG. EGCG treatment had a much greater effect on actomyosin (maximum l/s and Hill Slope) preparations regulated by the WT and 50% K206I/WT versus the K206I. The greater inhibitory effect of EGCG on actomyosin of the inhibitory hcTnl by hcTnC suggests an enhanced interaction with hcTnC. The possibility also exists that the Ca\(^{2+}\)-binding affinity to hcTnC is affected by the K206I mutation.
WT (in both ATPase and force measurements) Ca\(^{2+}\) sensitivity at 20 \(\mu\)mol/L. However, previously published reports indicated no effects <25 \(\mu\)mol/L EGCG in skinned cardiac myofibers.\(^{15,28,31}\) In our ATPase experiments, we used reconstituted thin filaments from individually purified proteins and added myosin-S1 in vitro to carry out the ATPase assay. So it is likely that in our more simple system, the ChcTnC-binding partner for EGCG is more accessible allowing for a lower effective dose. In our pCa–force measurements, we saw significant effects of EGCG at 20 \(\mu\)mol/L, and Papadaki et al\(^{32}\) found 10 \(\mu\)mol/l EGCG to be effective in isolated myofibrils, suggesting that experimental design may contribute to variable efficacy in EGCG.

Restoration of myofilament Ca\(^{2+}\) sensitivity to near WT levels has been suggested as an approach to treatment for HCM. An HCM mouse model expressing a mutation in one of the other minor sarcomeric genes—Glu180Gly in TPM1 encoded α-tropomyosin—demonstrated increased myofilament Ca\(^{2+}\) sensitivity, and rescue of the phenotype occurred when crossed with a chimeric α/β-tropomyosin transgenic mouse with a decreased myofilament Ca\(^{2+}\) sensitivity.\(^{33}\) A transgenic mouse model mimicking a human restrictive cardiomyopathy (cTnIArg193His) with increased Ca\(^{2+}\) sensitivity was also rescued by crossing with a mouse transgene (N-terminus of cTnI truncated) thereby decreasing the Ca\(^{2+}\) sensitivity.\(^{34}\) Recently, Alves et al\(^{35}\) proposed that reduction in myofilament sensitivity to Ca\(^{2+}\) corrects abnormal relaxation and can delay or prevent HCM. Genetic rescue of a disease phenotype does not elucidate whether intervention during disease progression would be beneficial. It has been suggested that treatment with EGCG may be able to restore Ca\(^{2+}\) sensitivity during disease progression.\(^{12}\)

Although green tea may be a therapeutic treatment by affecting Ca\(^{2+}\) sensitivity, it has been linked to adverse events.\(^{36}\) In addition, our study indicate 20 \(\mu\)mol/L EGCG as an effective concentration and has shown cardioprotection by enhancing shortening,\(^{37}\) but would likely require dietary supplements. A higher concentration of EGCG (50 \(\mu\)mol/L) has also been demonstrated to afford cardioprotection, but increases in incidences of arrhythmia and diastolic dysfunction have been reported.\(^{37}\) The Ohsaki and Japanese Public Health Center studies showed an association with regular green tea consumption and reduced mortality because of cardiovascular disease versus diets with less green tea.\(^{38,39}\)

**Table 3. Mechanical Characteristics of Tn-Exchanged Skinned Fibers**

<table>
<thead>
<tr>
<th></th>
<th>Maximum, mN/mm²</th>
<th>pCa50</th>
<th>Hill Slope</th>
</tr>
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<tbody>
<tr>
<td>K206I/WT</td>
<td>34.35±0.83</td>
<td>5.58±0.02*</td>
<td>2.04±0.19</td>
</tr>
<tr>
<td>WT</td>
<td>31.93±0.94</td>
<td>5.42±0.02</td>
<td>2.25±0.23</td>
</tr>
<tr>
<td>K206I/WT w/EGCG</td>
<td>31.03±0.79†,‡</td>
<td>5.40±0.02†,‡</td>
<td>1.82±0.14*</td>
</tr>
<tr>
<td>WT w/EGCG</td>
<td>27.34±0.72*,†</td>
<td>5.20±0.02*,†</td>
<td>1.97±0.15</td>
</tr>
</tbody>
</table>

Data are presented as mean±SEM. *P<0.05 as indicated by the symbols (*, †, and ‡) in the table within each parameter, and n=6–7. Note the Ca\(^{2+}\) sensitivity is restored back to near WT levels when treated with 20 \(\mu\)mol/l EGCG (see also Figure 5C). EGCG indicates (-)-epigallocatechin gallate, and WT, wildtype.

*Significantly different vs WT.
†Significantly different vs K206I/WT.
‡Significantly different vs WT w/EGCG.
In summary, this is the first report to describe this newly found hCtnI K206I mutation associated with severely arrhythmogenic HCM. These studies provide evidence in support of K206I-TNNI3 as an HCM pathogenic missense mutation. We have provided direct evidence for the first time that hCtnI K206I induces increased Ca²⁺ sensitivity in a reconstituted thin filament system with restoration of Ca²⁺ sensitivity to WT levels with EGCG treatment. The impaired relaxation caused by K206I may be partly explained by induction of a weakened interaction with actin and intrinsic inhibitory activity while increasing the interaction of hCtnI with hTnC leading to increased Ca²⁺ sensitivity.

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Disclosures
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**CLINICAL PERSPECTIVE**

Since the first hypertrophic cardiomyopathy (HCM) mutation in *TNNI3*-encoded cardiac troponin I (*TNNI3*) was discovered about 18 years ago, there have been ≈30 more HCM variants discovered as well 4 variants associated with dilated cardiomyopathy. We recently identified a family carrying a novel heterozygous mutation in *TNNI3* identified as p.Lys206Ile (also p. K206I, c. 617 A>T) in a 13-year-old male and his sister. In our study, we successfully demonstrated the variant’s association to HCM by showing a known pathogenesis, namely that sarcomeres in hearts stressed by familial HCM, is sensitized to Ca2+. However, sarcomeres with mutations linked to dilated cardiomyopathy are generally desensitized to Ca2+. This indicates the possibility of a personalized medicine approach to treat HCM versus dilated cardiomyopathy. Herein, we successfully desensitized the sarcomeres to Ca2+ by treating them with a green tea catechin (EGCG). With this treatment, sarcomere response to Ca2+ was returned to near wild-type levels. Our data thus illustrate the possibility of precision in medical intervention in the larger context of cardiomyopathy. More studies are required to determine whether a new generation of Ca2+ desensitizers based on the green tea catechin EGCG may be developed with even more potency and specificity.
Green Tea Catechin Normalizes the Enhanced Ca\(^{2+}\) Sensitivity of Myofilaments Regulated by a Hypertrophic Cardiomyopathy–Associated Mutation in Human Cardiac Troponin I (K206I)


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SUPPLEMENTAL MATERIAL

Methods

Protein Purification, Reconstitution and Western blotting

The mutation at codon 206 of human cardiac troponin I (hcTnI) was changed from AAA (Lys) to ATC (Ile) with Agilent’s QuikChange lightning kit following manufacturer’s recommendations. The mutant K206I hcTnI and wildtype (WT) hcTnI were both over-expressed with vector pET17b in BL21-DE3 cells from Novagen and purified as described previously. The human cardiac troponin T (hcTnT), myc-tagged hcTnT, and human cardiac troponin C (hcTnC) were expressed with vectors pSBET (hcTnT) and pET3d (hcTnC) in BL21-DE3 cells from Novagen and purified as previously described. Troponin subunits were reconstituted into a complex as previously described. Actin and cardiac myosin-S1 subfragment were all purified from bovine cardiac tissue, and the skeletal myosin-S1 subfragment was purified from rabbit skeletal tissue as previously described. Tropomyosin was purified from bovine cardiac tissue as previously described with an additional final chromatographic step using Q-Sepharose FF in a 1.6XK column with AKTA-Purifier system from GE Healthcare. Protein purity and relative qualitative stoichiometry was determined by 15% SDS-PAGE and stained with Coomassie R-250 as previously described.

To determine the exchange efficiency of the exogenous troponin complex a 12%T, 3.4%C SDS-PAGE followed by Western blot analysis was performed as previously described except the SDS-PAGE was performed in a SE600 large gel format box. The exogenous troponin complex was reconstituted with a myc-tagged hcTnT
(molecular weight difference of about 1200Da) in order to separate from the endogenous from the exogenous troponin. The primary monoclonal antibody was CT3 (developmental Studies Hybridoma Bank, Iowa City, IA) with 1:500 dilution, and the secondary antibody was anti-mouse IgG Fab specific peroxidase conjugate with 1:80,000 dilution (Sigma Chemical Co.). The blots were developed using an enhanced ECL kit from Thermo (Supersignal West Femto) and imaged with a Chemidoc (BioRad). The densitometric analysis of the bands was performed with Image Lab v5.0 software (BioRad).

**Acto-Myosin-S1 ATPase Assay**

The micro-ATPase assay was performed as previously described with some minor modifications. For all experiments, the actin and tropomyosin were procured from bovine cardiac tissue. Briefly, the reaction conditions with cardiac myosin-S1 (0.2 µM) were: actin (7 µM), tropomyosin (1.5µM), and troponin complex (1.5 µM); either WT or mutant form of troponin I K206I was used to make the troponin complex and for the K206I/WT group mixed 1:1 to yield 50%. The reaction with cardiac S1 was carried out at 30°C. The reaction conditions were similar for skeletal myosin-S1, except the actin concentration was 6 µM and the temperature was 25°C due to big differences in the ATPase rates between fast-rabbit-skeletal myosin-S1 and slow-bovine-cardiac myosin-S1. Cardiac myosin-S1 has much slower rates compared to skeletal myosin-S1, and thus more actin and a higher temperature were required to get reliable rates. In all experiments the buffer was: 35mM NaCl, 5mM MgCl, and 20mM MOPS pH 7.0. The free Ca²⁺ concentration was calculated using WebmaxC standard. ATPase activity
was determined from a time course of inorganic phosphate release every 3 min up to 18 min total after starting the reaction with 1mM ATP. The inorganic phosphate levels were determined by malachite green.²

Under the same conditions as described above, the effects of (-)-epigallocatechin gallate (EGCG) (Sigma-Aldrich St. Louis, MO), a green tea catechin, were tested to determine if dysfunction could be restored. The EGCG was dissolved in water, added to the reaction, and incubated for 10 min. The conditions were the same when determining hcTnI inhibition as above except only skeletal myosin-S1 (0.2 µM) was used along with 7 µM actin and 1 µM tropomyosin at 25ºC. The hcTnI concentration was varied from 0.0 µM to 2.0 µM to test inhibition ability of the mutant K206I vs WT. We also tested hcTnI inhibition in the absence of tropomyosin and at 1 µM of hcTnI to determine if actin alone could inhibit. In experiments where hcTnC concentration was varied to determine neutralization of inhibition by hcTnI (1 µM), the conditions were the same where tropomyosin was present and the hcTnC concentration was varied from 0.0 µM to 3.0 µM. Due to the low inherent rates of cardiac myosin-S1 only the skeletal myosin-S1 was used for the hcTnI inhibition, hcTnC competition and EGCG experiments. The skeletal myosin-S1 yielded much higher rates with a larger dynamic range.

*Measurements of Ca²⁺-dependent activation of force in troponin-exchanged skinned fiber bundles*
Fiber bundles dissected from the papillary muscles of FVBN mice (3-4 months), were detergent-extracted (skinned) in high relaxing (HR) buffer (10 mM EGTA, 41.89 mM K-Prop, 100 mM BES, 6.75 mM MgCl₂, 6.22 mM Na₂ATP, 10 mM Na₂CrP, 5 mM NaAzide, pH 7) containing 1% Triton X-100 at 4°C for 2 hours. Troponin exchange was carried out at 4°C by overnight incubation of the fibers with either 100% WT (23µM) or 65% K206I (23 µM) mixed with 35% WT (65% K206I/WT) troponin in exchange buffer (200mM KCl, 5mM MgCl₂, 5mM EGTA, 1mM DTT, 20mM MOPS, 1:100 (v/v) protease inhibitor cocktail [Sigma Chemical Co. St Louis, Mo ], pH 6.5). Measurement of steady-state isometric tension was conducted as described previously. Briefly, fibers were mounted between a force transducer and a micromanipulator, and the sarcomere length (SL) was adjusted at 2.2µm using laser diffraction patterns. The exchanged fibers were then subjected to a range of pCa solutions (8-4.5), with or without incubation with 20 µM EGCG. The EGCG was prepared in water and was able to be washed out from the fiber; hence any rundown, which was less than 10% was not due to the EGCG. For the dose-response experiments, exchanged fibers (SL=2.2µm) were activated at either pCa5.6 (pCa₅₀) or pCa4.5 in the presence of different concentrations of EGCG. The following protease inhibitors were added to HR and pCa solutions: pepstatin A (2.5 µg/ml), leupeptin (1 µg/ml), and phenylmethylsulfonyl fluoride (PMSF) (50 µmol/L). All experiments were carried out at 23 ⁰C.
REFERENCES


Table 1S. Summary for the Ca^{2+}-dependent cardiac acto-myosin-S1 ATPase assays.

<table>
<thead>
<tr>
<th></th>
<th>Min (1/sec)</th>
<th>Max (1/sec)</th>
<th>pCa50</th>
<th>Hill Slope</th>
</tr>
</thead>
<tbody>
<tr>
<td>K206I</td>
<td>0.05 ± 0.01</td>
<td>0.34 ± 0.01</td>
<td>5.86 ± 0.01*</td>
<td>2.50 ± 0.13</td>
</tr>
<tr>
<td>K206I /WT</td>
<td>0.07 ± 0.01*,†</td>
<td>0.33 ± 0.01</td>
<td>5.71 ± 0.01*</td>
<td>2.50 ± 0.17</td>
</tr>
<tr>
<td>WT</td>
<td>0.04 ± 0.01</td>
<td>0.32 ± 0.01</td>
<td>5.56 ± 0.02</td>
<td>2.45 ± 0.21</td>
</tr>
</tbody>
</table>

Data are presented as mean ± SEM., p-value < 0.05 as indicated by the symbols (* and †) in the table within each parameter, and n=5. See Figure 3A.

*significantly different vs WT

† significantly different vs K206I